

*Vitae***SALLY H. BARLOW****Work**

Department of Psychology, 1001 SWKT  
Brigham Young University  
Provo, Utah 84602 (801) 422-7748

**Personal**

1190 No. 9<sup>th</sup> E. Provo, Ut 84602  
Born 1949 Memphis, Tennessee, USA  
Children: Jackson H. Barlow, born 1980

**EDUCATION**

- Ph.D.** June, 1978, University of Utah, SLC, UT Department of Educational Psychology; Major: Counseling Psychology;  
August, 1985, BYU, Provo, UT Department: Psychology Program: Recertification, Clinical Psychology
- M.S.W.** June, 1973, University of Utah, SLC, UT; Graduate School of Social Work
- B.A.** June, 1971, University of Utah, SLC, UT; Major: Sociology; Minor Emphasis: Philosophy; Honors: Magna cum Laude, Phi Beta Kappa

**HONORS RECEIVED**

Presidency, Division 49, American Psychological Association APA (2001-2004)  
Fellow, American Psychological Association APA (2001)  
Karl G. Maeser Teaching Award-- Highest University Teaching Award, BYU (2002)  
Diplomate, American Board of Group Psychology, ABGP (1999)  
Fellow, Academy of Clinical Psychology, ABPP (1994)  
Diplomate, American Board of Professional Psychology, ABPP Clinical (1991)  
Phi Beta Kappa --Scholastic record, Community/University service (1971)

**PROFESSIONAL EXPERIENCE**

Director of Clinical Training Brigham Young University	2006-present
Professor, Psychology Department Brigham Young University	1998-present
Adjunct Professor, Department of Psychiatry University of Utah School of Medicine	2000-present
Associate Dean, College of Social Sciences, Brigham Young University	1999-2002
Active Status, Psychiatry, Utah Valley Regional Medical Center Provo, Utah	1985-present
Associate Professor, Psychology Department Brigham Young University	1983-1998
Associate Director, Clinical Psychology Graduate Program Brigham Young University	1997- 1999, 1989-1992
Assistant Professor, Psychology Department Brigham Young University	1978-1983

**PUBLICATIONS****Refereed Journal Articles**

Barlow, S. (In press). Group Specialty Practice. *Professional Psychology; research and Practice*.  
Martinez, J., Smith, T., & Barlow, S. (2007). Spiritual interventions in psychotherapy: Evaluations of highly religious clients. *Journal of Clinical Psychology*, 63 (10), 943-960.

- Davies, D.R., Burlingame, G.M., Johnson, J.E., Barlow, S.H., & Gleave, R.L. (2007). The effects of a feedback intervention on group process and outcome. *Journal of Group Dynamics*.
- Barlow, S., & Burlingame, G. (2006). Essential theory, processes, and procedures for successful group psychotherapy: Group cohesion as exemplar. *Journal of Contemporary Psychotherapy*, 36 (3), 107-113
- Barlow, S. (2005). Analytische und psychodynamische Gruppenpsychotherapie: Gibt es dazu Daten? *Gruppenpsychotherapie und Gruppendynamik*, 41, 239-266.  
(Psychoanalytic and psychodynamic group psychotherapy research: Do the data exist?)
- Barlow, S. (2004). A strategic three-year plan to teach group competencies. *Journal of the Specialists in Group Work*, 29, (1), 113-126.
- Clayton, C., Ballif-Spanvill, B., Barlow, S., & Orton, R. (2003). Terrorism as group violence. *Journal of threat assessment*, 2 (3), 9-40.
- Burlingame, G., Earnshaw, D., Hoag, M., Barlow, S., Richardson, E., Donnell, A., & Villani, J. (2002). A Systematic program to enhance group skills in an inpatient psychiatric hospital. *International Journal of Group Psychotherapy*, 52 (4), 555-587.
- Barlow, S. (2001). Group therapy for victims of sexual abuse. *International Journal of Group Psychotherapy*, 51 (1), 131-134.
- Barlow, S., Fuhriman, A., & Burlingame, G. (2000). The Therapeutic application of groups: From Pratt's "thought control classes" to modern group psychotherapy. *Journal of Group Dynamics*, 4 (1), 115-134.
- Barlow, S., Burlingame, G., Anderson, E., & Nebeker, R. (2000). Meta-analysis of medical self-help groups. *International Journal of Group Psychotherapy*, 50, (1), 53-70.
- Sheffield, M., Barlow, S., & Lambert, M. (1999). A Qualitative examination of Borderline Personality (BPD) disordered patient: Interpersonal dynamics and underlying paradoxes. *Journal of Personality Disorder*, 13, 3, 287-296.
- Barlow, S., Burlingame, G., Hardman, J., & Behrman, J. (1997). Therapeutic focusing in time-limited group psychotherapy. *Journal of Group Dynamics*, 1, (3), 254-266.
- Umpruss, V., Lambert, M., Smart, D., Barlow, S., & Clouse, G. (1997). Concurrent and construct validity of the Outcome Questionnaire. *Journal of Psychoeducational Assessment*, 15, 44-55.
- Barlow, S. (1996). Origins of BPD: Cronus eating his children. *Journal of the American Academy of Psychoanalysis*, 24 (3), 499-513.
- Burlingame, G., & Barlow, S. (1996). Outcome and process differences between professional and nonprofessional therapists in time-limited group psychotherapy. *International Journal of Group Psychotherapy*, (46) 4, 455-478.
- Fuhriman, A., Barlow, S. H., & Wanlass, J. (1989). Words, Imagination and Meaning: Toward Change. *Journal of Psychotherapy*, 26 (2), 149-156.
- Barlow, S. H., & Burlingame, G. (1989). Clinical Exchange: Dummylocks. *Journal of Integrative and Eclectic Psychotherapy*, 8(2), 174-183.
- Barlow, S. H., Hansen, W., Finley, R., & Fuhriman, A. (1982). Effects of leader communication style on members of small groups. *Journal of Small Group Behavior*, 13 (4), 518-531.

## Books

- Slife, B., Williams, R., & Barlow, S. (2001). *Critical issues in psychotherapy*. Thousand Oaks, California: Sage Publications.
- Hoopes, M. H., Fisher, B., & Barlow, S. H. (1984). *Structured Family Facilitation Programs: Enrichment, Education, and Treatment*. Aspen Systems, Inc.

## Book Chapters

- Barlow, S., (In press). Empirical studies and psychodynamic group therapy. In G. LoCoco, C. Prestano, & G. LoVerso (Eds.). *The effectiveness of group psychotherapies*. Milan: Raffaello Cortina Publications.
- Barlow, S., Burlingame, G., & Fuhriman, A. (2005). The History of group practice: A century of knowledge. In S. Wheelan, (Ed.). *The Handbook of group research and practice*. (pp. 39-64) London: Sage Publications.
- Barlow, S., & Taylor, S. (2005). Senior therapists respond. *Complex dilemmas in group psychotherapy*. New York: Bruner-Routledge, pp. 167-177.
- Barlow, S., Fuhriman, A., & Burlingame, G. (2004). The history of group counseling and group psychotherapy. In M. Riva (Ed.) *Handbook of group counseling and psychotherapy*. Thousand Oaks: Sage Press. pp. 3-22.

- Bergin, A. E., & Barlow, S.H. (2002). Eternal identity and the mortal overlay. In A. E. Bergin, *Spiritual growth and personal adjustment*. Provo Ut: BYU Studies/Brigham Young University Press. pp. 27-54.
- Bergin, A. E., & Barlow, S.H. (2002). Personal identity in the social context. In A. E. Bergin, *Spiritual growth and personal adjustment*. Provo Ut: BYU Studies/Brigham Young University Press. pp. 55-82.
- Barlow, S., & Bergin, A.E. (2001). The Phenomenon of spirit in a secular psychotherapy. In (Eds) B. Slife, R. Williams, and S. Barlow, *Critical issues in psychotherapy*. Thousand Oaks, California: Sage Publications. pp. 77-91.
- Barlow, S., & Clayton, C. (1999). Women and aggression. In H. Hall & L. Whitaker, (Eds.) *Lethal Violence: Effective strategies for assessing and intervening in fatal group and institutional violence*. London: CRC Press. pp. 213-238.
- Clayton, C., Barlow, S., & Ballif-Spanvill, B. (1999). Societal groups and aggression. In H. Hall (Ed.) *Lethal Violence: Effective strategies for assessing and intervening in fatal group and institutional violence*. London: CRC Press. pp. 277-312.
- Barlow, S., & Bergin, A. (1998). Mormons and psychotherapy. In H. G. Koenig (Ed.). *Handbook on religion and mental health*. San Diego: Academic Press, pp. 225-243.
- Barlow, S., & Clayton, C. (1996/1999). Infanticide: When mothers murder. In H. Hall (Ed.) *Lethal Violence: A Sourcebook on fatal domestic, acquaintance and stranger aggression*. London: CRC Press, pp. 202-229.
- Fuhriman, A., & Barlow, S. H. (1994). Interaction analysis: Instrumentation and issues. In Fuhriman, A., & Burlingame, G. (Eds.). *Handbook of Group Research*, pp. 191-222, Wiley: New York.
- Fuhriman, A., & Barlow, S. H. (1983). Cohesion: Relationship in group therapy. In M. J. Lambert (Ed.) *Psychotherapy and patient relationships*. Homewood, IL: Dorsey Press. pp. 263-289.

### Professional Reports

- Barlow, S. (2006). Response to The Schopenhauer Cure, Comment by Yalom. *The Group Psychologist*
- Barlow, S. (2006). Consultation please: Dear Dreading. *The Group Psychologist*.
- Barlow, S. (2005). Group Psychotherapy Supervision. *The Group Psychologist*,
- Barlow, S. (2003). From the President. *The Group Psychologist*, 13 (2), 1, 3-4.
- Barlow, S. (2003). From the President. *The Group Psychologist*, 13 (1), 1, 3.
- Barlow, S. (1999). Failures in group psychotherapy and group research: looking inward. An invited research report to the *Group Circle*. American Group Psychotherapy Association Newsletter, Fall.
- Barlow, S. (1997). The failed group in retrospect. Invited research report to *The Group Circle*. American Group Psychotherapy Association Newsletter, Fall.
- Barlow, S. (1996). Interaction analysis: Tracking group process. An invited research report to *The Group Circle*. American Group Psychotherapy Association Newsletter, Fall.

### Book Reviews

- Barlow, S. (2001). The process of group psychotherapy: Systems for analyzing change. [A review of Group Process Analysis]. *Journal of Psychotherapy Practice Research*, 10 (4).
- Barlow, S. H. (1991). I have many, many children [Review of *Anna Freud: A Biography*]. *Contemporary Psychology*, 30 (5), 389-390.
- Barlow, S. H. (1991). [Review of *PMS: Another look at Freud's "Woman problem"*]. *Contemporary Psychology*, 36 (9), 801-802.
- Barlow, S. H. (1989). [Review of *Borderline and Narcissistic Disorders*]. *Contemporary psychology*, 34.
- Barlow, S. H. (1988). [Review of *Groups: Practice and Research: The Elusive Quest*]. *Contemporary Psychology*, 33 (2), 132.

### PAPER PRESENTATIONS

- Barlow, S. (2006, August). Group psychotherapy. Paper presented to the American Psychological Association annual meeting, New Orleans.
- Barlow, S., Burlingame, G. (2006, June). *Utilizing paraprofessionals at the Utah State Hospital to enhance evidence based group treatments*. Paper presented to the Society of Psychotherapy Research annual meeting, Edinburgh, Scotland.

- Barlow, S. (2005, August). *Experts Respond*. Panel presented to the American Psychological Association annual meeting, Washington DC.
- Buchele, B., Barlow, S., Bernstein, B., & Bernard, H. (2005, March). *Experts learn from mistakes in group psychotherapy*. Chair G. Batkin-Kahn. Paper presented to the American Group Psychotherapy Association annual meeting, New York, NY.
- Gross, J., Barlow, S. (2005, March). *Contributions of counseling center group psychotherapy programs*. Paper presented to the American Group Psychotherapy Association annual meeting, New York, NY.
- Barlow, S. (2004, August). *Memorable group moments*. Chair A. Elfant, Symposium, *Learning from our most unforgettable group psychotherapy sessions*. Paper presented to the Annual meeting of the American Psychological Association, Honolulu, Hawaii.
- Barlow, S., Ridge, N., Wiggins, B., Lee, J., & Money, K. (2004, August). *Establishing Post Doctoral training programs for group psychology and group psychotherapy*. Paper presented to the Annual meeting of the American Psychological Association, Honolulu, Hawaii.
- Barlow, S. (2004, June). *Psychoanalytic and Psychodynamic group therapy: Do the data exist?* Paper presented to the Annual meeting of the Society for Psychotherapy Research, Rome, Italy.
- Clayton, C., Barlow, S., & Ballif-Spanvill, B. (2003, August). *Target skills and teaching techniques in effective anti-violence and peace education groups for children*. Paper to be presented to the International Association of Group Psychotherapy, Istanbul, Turkey. (BYU Vice President of International Relations and the State Department determined such a trip was unwise given security reasons.)
- Barlow, S. (2003, August). Chair: *The use of groups for promotion of well being*. Paper presented to the Annual meeting of the American Psychological Association, Toronto, Ontario.
- Barlow, S. (2003, August). *A strategic three-year plan to teach advanced group skills*. Paper presented to the Annual meeting of the American Psychological Association, Toronto, Ontario.
- Ballif-Spanvill, B., Clayton, C., Barlow, S., & Hunsaker, M. (2002, June). *Target skills and teaching techniques in effective anti-violence and peace education programs for children*. Paper presented to the Peace Education International Conference, London, England.
- Barlow, S. (2003, February). *Group psychotherapy expertise*. Paper presented to the American Group Psychotherapy Association annual meeting, New Orleans, LA.
- Barlow, S. (2002, February). *As I gain experience, I give myself license to...* Paper presented to the American Group Psychotherapy Association annual meeting, New Orleans, LA.
- Barlow, S. (2001, February). *Perspectives on the future development of group theory: Will interaction analysis measures create the link from process to outcome?* Paper presented to the American Group Psychotherapy Association annual meeting, Boston, MA.
- Burlingame, G., Barlow, S., Davies, R., & Ellsworth, J. (2001, February). *Changing leader behavior: Using the Hill Interaction Matrix to shape leader behavior*. In Shawn Taylor (Chair) *Current Research in Groups*. Paper presented to the American Group Psychotherapy Association annual meeting, Boston, MA.
- Clayton, C., Barlow, S., & Ballif-Spanvill, B., (2000, August). *Principles of group violence and terrorism: How individuals and groups interact for good or ill in mutual influence cycles and how researchers and clinicians inadvertently perpetuate violence*. Paper presented to the International Association of Group Psychotherapy, Jerusalem, Israel.
- Barlow, S. (2000, August). Discussant, *Difficult questions in group psychotherapy*. Paper presented to the American Psychological Association, Washington, D.C.
- Burlingame, G., Nuttall, M., Barlow, S., & Earnshaw, D. (2000, February). *A Systematic program to enhance group skills in leader and track related processes and outcomes*, Paper presented to the American Group Psychotherapy Association annual meeting, Los Angeles, CA.
- Barlow, S. (2000, February). Chair and discussant, *Current issues in group psychotherapy research*. Paper presented to the American Group Psychotherapy Association annual meeting, Los Angeles, CA.
- Barlow, S., & Bergin, A. (1999, October). *The Phenomenon of spirit in a secular psychotherapy*. Paper presented to the invited only Critical Issues in Psychotherapy Symposium, Provo, UT.
- Ballif-Spanvill, B., Clayton, C., Barlow, S., & Beyer, M. (1999, August). *Peacemaking skills in children*. Paper presented to the American Psychological Association annual meeting, Boston, MA.
- Ballif-Spanvill, B., Clayton, C. J., Barlow, S.H., & Reber, J. S. (1999, August). *Teaching peacemaking skills to children using multiple ways of learning*. Paper presented to the American Psychological Association, Boston, MA.
- Clayton, C. J., Ballif-Spanvill, B., Barlow, S.H., & Beyers, M.S. (1999, August). *Scaling children's peacemaking tendencies and inclinations toward violence*. Paper Presented to the American Psychological Association, Boston, MA.

- Fuhriman, A., Seaman, S., Barlow, S., & Burlingame, G. (1999, June). *Validating a behavioral measure of catharsis, cohesion, and insight*. Paper presented to the International meeting of the Society for Psychotherapy Research, Braga, Portugal.
- Hoag, M., Barlow, S., Burlingame, G., Ellsworth, Nuttall, M., Shumway, N. (1999, February). *A systematic program to enhance group skills in leaders and track related processes and outcomes*. Paper presented to the Research Special Interest Group of the American Group Psychotherapy Association at the Annual Meeting Houston, TX.
- Barlow, S. (1999, February). *Chair and discussant, Current topics in group psychotherapy research*. Paper presented to the American Group Psychotherapy Association, Houston, TX.
- Hoag, M., Barlow, S., Burlingame, G., Shumway, N., Ellsworth, J., & Nuttall, M. (1998, October). *A systematic program to enhance group skills in leaders and track related processes and outcomes*. Poster presented to the Kansas Conference on Research in Clinical Child Psychology, Lawrence, KS.
- Barlow, S. (1998, Fall). *Mormons and mental health*. Paper presented at the Brigham Young University Psychology Forum, Provo, Ut.
- Barlow, S. (1998, August). *A Group research and therapy failure: Wearing two hats can be dangerous*. Paper presented to the American Psychological Association, San Francisco, CA.
- Ballif-Spanvill, B. L., Clayton, C. J., Barlow, S. H., Clemmer, J., & Beyers, M. (1998, July). *Design and evaluation of activities to teach peacemaking skills to children from normal and violent families: Conceptual framework*. Paper presented to the Program Evaluation and Family Violence Research: An International Conference, Durham, N. H.
- Beyers, M., Clayton, C. J., Ballif-Spanvill, B., Barlow, S. H. & Clemmer, J. (1998, July). *Design and evaluation of activities to teach peacemaking skills to children from normal and violent families: Measures and evaluation*. Paper presented to the Program Evaluation and Family Violence Research: An International Conference, Durham, New Hampshire.
- Clayton, C. J., Ballif-Spanvill, B., Barlow, S. H., Beyers, M., & Clemmer, J. (1998, July). *Design and evaluation of activities to teach peacemaking skills to children from normal and violent families: Structure of the experiment*. Paper presented at the Program Evaluation and Family Violence Research: An International Conference, Durham, N.H.
- Clemmer, J., Ballif-Spanvill, B., Clayton, J., Barlow, S. H., & Beyers, M. (1998, July). *Design and evaluation of activities to teach peacemaking skills to children from normal and violent families: Curriculum considerations*. Paper presented to the Program Evaluation and Family Violence Research: An International Conference, Durham, N.H.
- Barlow, S. & Bergin, A. (1998, June). *Mormons and Psychotherapy*. Paper presented to the International meeting of the Society for Psychotherapy Research, Snowbird, UT.
- Barlow, S. (1998, February). *Chair and discussant, Current topics in group psychotherapy research*. Paper presented to the American Group Psychotherapy Association, Chicago, IL.
- Barlow, S., Burlingame, G., Burns, B., Clement, D., Manivanh, T., Penfield, M., Peterson, N., Porumbescu, D., & Whitaker, S. (1997, August). *A Meta-analysis of medical self-help groups*. Paper presented to the American Psychological Association, Chicago, IL.
- Barlow, S., Burlingame, G., & Fuhriman, A. (1997, February). *The failed group: The case of the extraneous variable*. Paper presented to the American Group Psychotherapy Association, New York, NY.
- Barlow, S. & Clayton, C. (1996, November). *Female infanticide: When mothers murder*. Paper presented to the Conference on Lethal Violence: Fatal Domestic, Acquaintance and Stranger Aggression, Honolulu, HI.
- Barlow, S. (1996, September). *Laying the empirical groundwork for Ogden's dialectic: A refutation of Grunbaum*. Paper accepted for presentation at the Society for Psychotherapy Research, Como, Italy.
- Barlow, S. (1996, July). *Outcome and process differences in short-term group psychotherapy*. Paper presented to the First Congress of the World Council for Psychotherapy, Vienna, Austria.
- Barlow, S., Burlingame, G., Fuhriman, A. (1995, February). *Training therapists for HMO's main treatment strategy: Groups!* Paper presented to the American Group Psychotherapy Association, Atlanta, GA.
- Sheffield, M., Lambert, M., & Barlow, S. (1995, June). *Core conflictual relationship themes in borderline personality*. Paper presented to the poster session of the Society for Psychotherapy Research, Vancouver, B.C.
- Barlow, S. (1994, December). *Was Freud a Freudian? How his followers transformed him*. Paper presented to the Brigham Young University Psychology Forum, Provo, Ut.
- Burlingame, G., Fuhriman, A., & Barlow, S. (1994, April). *Clinical application of empirical research to the practice of group psychotherapy*. Invited presentation to Intermountain Health Care, SLC, Ut.
- Barlow, S. (1993, August). *Eating disorders and personality using the MCMI*. Paper presented to the American Psychological Association Conference, Toronto, Ontario.

- Barlow, S. H. (1993, March). *Teaching graduates the power of the MMPI-2*. Paper presented to the MMPI-2 Conference, St. Petersburg, FL.
- Barlow, S. H. (1991, July). *Time series analysis of the therapeutic alliance scale (TAS)*. Paper presented to the annual conference of the Society for Psychotherapy Research, Lyon, France.
- Burlingame, G., & Barlow, S. (1991, July). *The outcome of group therapy conducted by professional therapists or college professors*. Paper presented at the annual conference of the Society for Psychotherapy Research, Lyon, France.
- Burlingame, G., Jackson, W., & Barlow, S. H. (1991, July). *Self-disclosure by group therapists: Dimensions and effect*. Paper presented at the annual conference of the Society for Psychotherapy Research, Lyon, France.
- Barlow, S., Davidson, S., & Toth, M. (1991, February). *Gender binds of marriage*. Paper presented at the Brigham Young University Gender and Family Conference, Provo, UT.
- Barlow, S. (1988, August). *Interaction analysis of leader/member communication styles in time-limited group psychotherapy*. Paper presented at the American Psychological Association, Atlanta, GA.
- Barlow, S. & Burlingame, G. (1988, April). *Men's reality—women's reality: Mediating differences*. Paper presented at the annual Women's Conference sponsored by the Women's Research Institute at Brigham Young University, Provo, UT.
- Burlingame, G., Barlow, S., Stinchfield, R. (1987, June). *Specific and nonspecific factors in group psychotherapy*. Paper presented at annual Conference of the Society for Psychotherapy Research, Ulm, Germany.
- Ladle, B., & Barlow, S. (1987, October). *Event-related potentials in MPD*. Paper presented at International Conference of Multiple Personality & Dissociative States, Chicago, IL.
- Fuhriman, A., & Barlow, S. (1987, October). *Curative factors in group psychotherapy*. Paper presented to the Utah Psychological Association, Salt Lake City, UT.
- Barlow, S. (1987, November). *Borderline pathology and everyday life*. Paper presented at Psychology Forum, Brigham Young University, Provo, UT.
- Barlow, S., & Christian, S. (1986, October). *Ego psychology and dissociation*. Paper presented at the International Conference of Multiple Personality & Dissociative States, Chicago, IL.
- Barlow, S. (1985, October). *Multiple uses of the MMPI: Implications for treatment*. Paper presented at the International Conference of Multiple Personality & Dissociative States, Chicago, IL.
- Duncan, P., & Barlow, S. (1984, August). *Double-blind crossover study of health improvement in subjects taking daily vitamins*. Paper presented at the Poster Session of the American Psychological Association, Toronto, Ontario.
- Hoopes, M., & Barlow, S. (1983, August). *Family enrichment, education, and therapy: How to write structured programs*. Paper presented at the American Psychological Association, Anaheim, CA.
- Barlow, S. (1980, April). *Structured treatment*. Paper presented at American Personnel and Guidance Association, Atlanta, GA.
- Barlow, S., & Hoopes, M.H. (1979, July). *Family enrichment strategies*. Paper presented at the Third International Congress of Family Therapy, Tel Aviv, Israel.
- Barlow, S. (1979, October). *Depression and women*. Paper presented to the Utah Psychological Association, Salt Lake City, UT.
- Barlow, S. (1976, October). *Academic contracting: Making college students accountable*. Paper presented at American Personnel and Guidance Association, Chicago, IL.

#### EDITORIAL BOARDS

Associate Editor for *Lethal Violence: Fatal domestic, and stranger aggression*. London: CRC Press, 1996-present.  
 Consulting Editor for *Lethal Violence: Fatal domestic, and stranger aggression*. London: CRC Press, 1998-present.  
 Editorial Board, *Journal of Association of Mormon Counselors and Psychotherapists AMCAP*, 1985-87.

#### REVIEWER

Ad hoc reviewer for *The Journal of Contemporary Psychology*, 2007  
 Ad hoc reviewer for *The International Journal of Group psychotherapy*, 2005  
 Ad hoc reviewer for *Journal of Group Dynamics*, 1997- present  
 Ad hoc reviewer for *The Journal of Consulting and Clinical Psychology*, 1998  
 Ad hoc reviewer for *Journal of Perceptual and Motor Skills*, 1997

## GRANTS

- Teaching Peacemaking Skills to Children from Violent and Normal Families with B. Ballif-Spanvill and C.J. Clayton. Total **\$137,260.00**. Awards granted for following years from various agencies: Family Studies Center, 2000 - 2001, **\$13,500**; Center for Studies of Family, 1999 - 2000, **\$17,980**; Bireley Foundation, 1999 - 2000, **\$25,000**; Bireley Foundation, 1998 - 1999, **\$25,000**; Center for Studies of Family, 1998 - 1999, **\$7,000**; Center for Studies of Family, 1998, **\$3,920**; Bireley Foundation, 1997 - 1998, **\$25,000**; Center for Studies of Family, 1997 - 1998, **\$7,160**; Bireley Foundation, 1997, **\$5,000**; Center for Studies of Family, 1997, **\$7,700**.
- College of Family, Home and Social Sciences, Brigham Young University, Provo, Ut. Award granted for 1998-1999 year, **\$1,500**. *Alcoholics Anonymous vs. Relapse Prevention Intervention: Which is better? A meta-analysis*.
- Women's Research Institute, Brigham Young University, Provo, Ut. Award granted for 1996-1997 year, **\$1,600**. *A Re-rendering of Gender*, with E. Hansen.
- Women's Research Institute, Brigham Young University, Provo. Award granted for 1991-1992 year, **\$1,600**. *Specific Effects and Gender in Time-Limited Group Psychotherapy*.
- Women's Research Institute, Brigham Young University, Provo. Award granted 1985-1986 year, **\$1,000**. *MMPI Profiles in Eating Disordered Women*, with P. Duncan.
- National Institute of Mental Health, NIMH Small Grants program, Washington D.C. \$15,000-- **\$61,000**—indirect costs-- funded March 1985. *Specific and Non-Specific Factors of Group Psychotherapy*. Priority Score, 108. Reviewers agreed unanimously to fund the proposal, with G. Burlingame.
- Utah State Academic Collaborative Committee, Provo, Ut. Award granted for 2000, **\$30,000**, *Group treatment skills: enhancement and tracking outcomes*, with G. Burlingame, M. Hoag, and G. Wells.
- Utah State Academic Collaborative Committee, Provo, Ut. Award granted for 1998-1999, **\$30,000**, *Group treatment skills: enhancement and tracking outcomes*, with G. Burlingame, M. Hoag, and G. Wells.
- Utah State Academic Collaborative Committee, Provo, Ut. Award granted for 1997-1998, **\$30,000**, *Group treatment skills: enhancement and tracking outcomes*, with G. Burlingame, M. Hoag, and G. Wells.
- College of Family, Home and Social Sciences, Brigham Young University, Provo, Ut. Award granted for 1993-1994 year, **\$7,750**. *Therapist behavior as a Control Parameter in Group Process: A Nonlinear Dynamical Analysis*, with G. Burlingame & A. Fuhriman.
- College of Family, Home and Social Sciences, Brigham Young University, Provo. Award granted for 1992-1993 year, **\$3,500**. *Continuing Effects of Chaos in Small Groups*, with G. Burlingame.
- College of Family Home & Social Sciences, Brigham Young University, Provo. Award granted for 1991-1992 year, **\$4,000**. *Deterministic Chaos in Time-Limited Group Psychotherapy*, with G. Burlingame.
- Women's Research Institute, Brigham Young University, Provo. Award granted for 1988-1989 year, **\$1,000**. *Gender and Voice Quality*, with G. Burlingame and R. Tingey.
- College of Family, Home and Social Sciences, Brigham Young University, Provo. Award granted for 1988-1989 year, **\$4,000**. *Time Limited Treatment in Group Psychotherapy*, with G. Burlingame.
- College of Family, Home and Social Sciences, Brigham Young University, Provo. Award granted for 1987-1988 year, **\$3,000**. *Time Limited Treatment in Group Psychotherapy*, with G. Burlingame.
- College of Family, Home and Social Sciences, Brigham Young University, Provo. Award granted for 1986-1987 year, **\$6,000**. *Time Limited Treatment in Group Psychotherapy*, with G. Burlingame.
- College of Family, Home and Social Sciences, Brigham Young University, Provo. Award granted for 1985-1986 year, **\$5,000**. *Time Limited Treatment in Group Psychotherapy*, with G. Burlingame.
- College of Family, Home and Social Sciences, Brigham Young University. Award granted for 1985-1986 year, **\$1,600**. *The Investigation of Family Configuration Combinations in Marital Interaction*, with M. Hoopes, J. Harper.
- College of Family, Home and Social Sciences, Brigham Young University, Provo. Award granted for 1984-1985 year, **\$3,000**. *Toward a Conceptual and Empirical Understanding of Group Psychotherapy*, with G. Burlingame.
- College of Family, Home and Social Sciences, Brigham Young University. Award granted for 1984-1985 year, **\$1,600**. *The Investigation of Family Configuration Combinations in Marital Interaction*, with M. Hoopes, J. Harper.
- College of Family, Home and Social Sciences, Brigham Young University. Award granted for 1983-1984 year, **\$2,000**. *The Investigation of Family Configuration Combinations in Marital Interaction*, with M. Hoopes, J. Harper.

**\$336,410.00 Total Award money**

## PROFESSIONAL ACTIVITIES

### Professional Organizations

Academy of Group Psychology, Fellow, 2000  
 International Association of Group Psychotherapy, 1996  
 Academy of Clinical Psychology, Fellow 1994  
 American Board of Professional Psychology 1991  
 American Psychological Association, Member 1980, Divisions 49 (Groups), and 12 (Clinical)  
 National Register of Health Service Providers in Psychology, Member 1984  
 American Group Psychotherapy Association, Member, 1989  
 Utah Psychological Association, Member 1980

### Professional Appointments

American Psychological Association, Division 49 (Groups), Member at Large (2005-present)  
 Council of Specialists American Psychological Association, Division 49, (2000-Present)  
 American Psychological Association, Division 49 (Groups), President (2002-2003)  
 American Psychological Association, Division 49 (Groups), President elect (2001-2002)  
 American Psychological Association, Division 49 (Groups), Board Member (1998 to present)  
 American Psychological Association, Division 49 (Groups), Co Chair, Education and Training Committee (1996-present)  
 American Group Psychotherapy Association, Chair, Research Special Interest Group (1997-2000)  
 Utah Psychology Licensing Board Member (1990-1995); Chair (1992-1994)  
 Delegate, Association of State and Provincial Psychology Boards (1993)

## TEACHING

### Graduate

Social Psychology of Groups  
 Advanced Objective Assessment  
 Psychodynamic Psychotherapy  
 Diversity: Race, Ethnicity, Sexuality, Gender, Religion  
 Group Psychotherapy  
 Advanced Group Practicum  
 Individual Psychotherapy Supervision  
 Interviewing Skills  
 Object Relations Seminar  
 Directed Readings  
 Research Readings

### Undergraduate

Abnormal Psychology  
 Developmental Psychology  
 Exceptional Psychology  
 Child Psychology  
 Psychology of Women  
 Gender and Psychology  
 Personality  
 Child and Adolescent Psychopathology  
 Religious Perspectives and Psychology  
 Research Readings  
 Directed Readings

## REPRESENTATIVE INVITED WORKSHOPS/SUPERVISION/CONSULTATION

Selasia University, Rome, Italy Group Skills workshop, February 27, 28, 2006  
 Karolinska Institutet Campus Huddinge, Alfred Nobels Alle 8, Stockholm, Sweden, Group psychotherapy skills for the treatment of eating disorders, November 8, 2005  
 University of Utah Medical School, Group Skills for Psychiatric Residents, yearly consultant 2001-present  
 Weimar, Germany, Humboldt Foundation Group Core Battery research team, June 2005  
 University of Maine, Advanced Group Psychotherapy Skills, Counseling Center, Bangor, Maine, 2 day workshop, October, 2003  
 Houston Medical Center, Group psychotherapy research, Houston, Texas, Grand Round Speaker, Research consultant, 2 day workshop, Fall 2002  
 University of Utah, Advanced Group Psychotherapy Skills, Clinical Psychology Program, 2004  
 University of Utah, Counseling Psychology Program, Group Research, 2002, 2003  
 Brigham Young University, Group Consultant, Psychology Interns, Counseling Center, 2000-2005



Veterans Administration Hospital, Advanced Group skills for counselors, 2 day workshop  
Portland, Oregon, May 1998

Utah State Hospital, Group Skills for mental health professionals, (weekly consultant) 1995-2005

Utah State Hospital, Advanced Diversity Training, Psychology Interns, (monthly consultant) 1995-2005

Utah State Prison, Group Consultant, Women's Inpatient Program, (yearly consultant) 2000-2005

University of Utah Drug and Alcohol School, Group Skills for counselors, June 26, 2005

Advanced Supervision for licensed psychologists—names available by request—1995-present

Power Point Presentations available upon request

**Additional References available upon request**

Allen E. Bergin, Ph.D. Professor Emeritus of Psychology, Brigham Young University, Provo, Ut 84602. Tele:  
(801) 756-2364; email: allen\_bergin@byu.edu

Nick Kanas, M.D., University of California at San Francisco, Veterans Hospital,  
San Francisco, California. Tele: (415) 750-2072; email: nick21@itsa.ucsf.edu

Lorna Smith Benjamin, Ph.D., FDRC. Professor of Psychology, University of Utah, Salt Lake City Ut 84115.  
Tele: (801) 558-9504; email: LSB\_3@msn.com